

ATHLETIC INFORMATION

*All Northwest athletes
are required to complete the following forms before sport practice starts.*

Physicals:

The student-athlete is required to show evidence of having obtained an initial physical exam administered by a licensed medical physician that will include clearance for all sports for which the athlete will participate. You are welcome to have a physician of your choice administer this exam or you can elect to have the Northwest team physicians at Orthopedics International administer the exam. **Only the Northwest University physical exam form will be accepted as proof of completion of the initial physical examination. The Northwest University physical exam form must be completed by a MD, DO, PA, or NP and documented with their signature, credential, office name and contact information, and date of completion.** Any injuries or change in health subsequent to the date of the physical need to be reported on the Northwest University medical history form. **"Please take note. If you've had an injury or have significant change in your health since your last physical examination, this MUST be reported to the doctor so it can be evaluated or you may not be covered for treatment of that injury or other injuries that may be related."**

Returning athletes will be required to complete a medical history update prior to participation in sports practices or competition. A current follow up physicals exam will be required for athletes who do not complete the Medical History update form or have significant change in their health or injury status.

Insurance:

Northwest University provides 'excess' coverage for all students participating in intercollegiate athletics. Each athlete must have their own primary insurance coverage, and submit all appropriate forms: NU Insurance form (Insurance information & copy of Insurance Card); NU Pre-Participation Physical Examination form; NU Medical History Questionnaire; NU Emergency Medical Information form; & NU Training Room Guidelines form) in order to be eligible to participate in **ANY** athletic events (including practices or open gyms). Please complete the form which will be included in the athletes eligibility file and duplicated and placed in the travel first aid kit.

Emergency Information:

In the case of an emergency the Athletic Department needs to have accurate information about each student athlete. Please complete the form which will be included in the athletes eligibility file and duplicated and placed in the travel first aid kit.

Training Room Guidelines:

It is important that each student-athlete and guardian/spouse understand that protocol in the case of an injury during athletic participation. Compliance with training room operation is mandatory to insure that every athlete is cared for properly and insurance claim can be correctly filled. Sign and return the attached form.

REMEMBER, you are required to complete and turn in the attached forms: Physical Exam; Medical History Questionnaire; Insurance Information; Emergency Information; Training Room Guidelines & Check List.

Return Eligibility Packet Forms to: Larry Brown, Head Athletic Trainer

Northwest University Pavilion

PO Box 579

Kirkland WA 98083-0579

Fax: (425) 803-0413

You will not be allowed to start practice until these forms have been cleared by your coach and athletic trainer.