Do I have to eat in the Caf and what does the meal plan include?

Yes, all students in the residence halls have an automatic meal plan attached to their housing charges. You are required to have this and cannot opt out of the meal plan. The plan is unlimited access to the Caf depending on its hours of operations. The meal plan is convenient to have and the Caf provides an atmosphere for community. There is no meal plan for those living in the student apartments.