

Eagle Fitness Center

The Eagle Fitness Center is available for current NU students, alumni, employees, and employee family members. A University ID card must be presented when entering the facility. To maintain a safe environment for fitness activities we request that parents do not bring children under 12 years old into the fitness facility. Children under 18 years old may use the fitness equipment if accompanied by a parent, guardian, or NU athletic staff. The EFC is located on the first floor of the Barton Building. For more information on hours and equipment available, visit the [EFC Homepage](#).