

Appendix E: Case Presentation

Directions: Choose a 15-minute segment of your session recording that you would like to review in group supervision. Write up your presentation in 3-5 pages including the following information (do not use real client names) and submit it to Discovery prior to class:

Date of Service: Session #: Working Diagnosis:

Respond to the following in APA format:

1. Attest that the client (or parent of a minor client) presented in this case study signed a recording consent form and that it is stored securely in a HIPAA compliant manner at the practicum/internship site. Do not upload the consent form to Discovery.
2. Detail the following (APA formatting applies)
 - A. Summary of the client's history (including family history, academic/occupational history, medical information, developmental/social history, any psych testing)
 - B. Client's presenting problems and evidence for diagnostic considerations (include the F code, DSM-5- TR criteria, and any differential diagnoses)
 - C. Client goal(s) and at least 2 objectives for each goal. These should be written in SMART (Specific, Measurable, Achievable, Relevant, Timely) format
 - D. Counselor interventions offered and how they address client's goal(s)
 - E. Counselor's hypotheses (what is occurring within the session systemically, developmentally, functionally). What covert processes are occurring in session?
 - F. Multi-cultural and spiritual considerations

G. Ethical and legal considerations

H. How this session gives direction to future sessions

I. Any concerns you have with this client and your desired feedback from the group