

Appendix G: Review of Progress, Self-Assessment

This assessment considers *knowledge* (items 1-20), *skills* (items 21-27), and *professional/academic/dispositional development* (items 28-35) and allows the interns to rate themselves in these areas.

Please rate your development on the following items (1=strongly disagree; 5=strongly agree).						
Name:		Advisor:				
I. Develop identity as a professional counselor.						
1. Displays professional identity through behavior, disposition, attire, etc.		1	2	3	4	5
	<input type="radio"/>					
2. Knows the history and philosophy of the counseling profession.		1	2	3	4	5
	<input type="radio"/>					
3. Demonstrates a commitment to personal development, and a readiness to participate and contribute to the profession/professional organizations.		1	2	3	4	5
	<input type="radio"/>					
II. Develop an understanding of the roles and functions of professional counselors as leaders, advocates, collaborators, and consultants.						
4. Knows the roles and responsibilities of counselors as collaborative members of interdisciplinary teams (e.g.,		1	2	3	4	5
	<input type="radio"/>					

treatment teams, student services teams, behavioral health teams).					
5. Understands the role of counselor supervision and the consultation process.	1 2 3 4 5				
6. Knows the role and process for advocating on behalf of the counseling profession.	1 2 3 4 5				
7. Maintains appropriate boundaries with supervisor, peers and clients.	1 2 3 4 5				
III. Develop the ability to reflect on the self of the counselor within all aspects of therapeutic work.					
8. Engages in self- of self exploration and reflection throughout counseling process.	1 2 3 4 5				
9. Understands limitations and develops strategies to ensure client welfare.	1 2 3 4 5				
IV. Develop an understanding of personal values as well as knowledge of and compliance with codes of ethics of the counseling profession.					
10. Demonstrates an understanding of personal values and how they may impact practice.	1 2 3 4 5				
11. Knows and adheres to ethical guidelines.	1 2 3 4 5				
12. Functions ethically in a professional setting.	1 2 3 4 5				
V. Develop the ability to use technology.					

13. Demonstrates the ability to use technology to support the delivery of services (video recording, using a software program for diagnosis, documentation, intake, etc.).	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>	4 <input type="radio"/>	5 <input type="radio"/>
VI. Develop an understanding of and skills to work with and advocate for diverse client/student populations in a complex global society.					
14. Recognizes ways to advocate on local, state and national level for diverse client and student populations.	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>	4 <input type="radio"/>	5 <input type="radio"/>
15. Understands multi-cultural variability (e.g., help- seeking behaviors) within and among diverse groups.	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>	4 <input type="radio"/>	5 <input type="radio"/>
16. Demonstrates multicultural counseling competencies (e.g., impact of heritage, attitudes, beliefs within counseling session).	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>	4 <input type="radio"/>	5 <input type="radio"/>
VII. Develop an understanding of theories of career, human development and individual, family and group counseling in the case conceptualization process.					
17. Uses a theoretical lens to formulate comprehensive case conceptualization.	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>	4 <input type="radio"/>	5 <input type="radio"/>
18. Utilizes a career lens to facilitate client/student career/life planning and inter-	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>	4 <input type="radio"/>	5 <input type="radio"/>

relationship with mental health.					
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VIII. Develop an understanding of approaches to research and program evaluation and use of data to meet the needs of clients, students, families and/or communities.

19. Accesses and utilizes research to inform the counseling process.	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>	4 <input type="radio"/>	5 <input type="radio"/>
20. Can use data and effectively conduct program evaluation in the clinical or school setting (e.g., monitor treatment, outcomes, program, etc.).	1 <input type="radio"/>	2 <input type="radio"/>	3 <input type="radio"/>	4 <input type="radio"/>	5 <input type="radio"/>

IX. Develop the skills needed to facilitate growth, development, success, and health with clients/students in individual, family and group settings.

	1	2	3	4	5
21. Demonstrates and facilitate the ability to implement groups.	<input type="radio"/>				
22. Demonstrates <i>Exploration Skills</i> (e.g., attending, listening, open questions).	<input type="radio"/>				
23. Demonstrates <i>Insight Skills</i> (e.g., challenges, interpretations, immediacy).	<input type="radio"/>				
24. Demonstrates <i>Action Skills</i> (e.g., feedback, information- giving, role-play, behavioral rehearsal).	<input type="radio"/>				

X. Develop the ability to critically analyze multiple sources of client information throughout the counseling process.

25. Engages in treatment planning with clients (e.g., identify client concerns, set goals, and evaluate progress).	1	2	3	4	5
	<input type="radio"/>				
26. Knows how to select, utilize and interpret counseling assessment instruments.	1	2	3	4	5
	<input type="radio"/>				
27. Can use diagnostic criteria to help guide the treatment process.	1	2	3	4	5
	<input type="radio"/>				

XI a. Professional and Academic Skills

28. Shows initiative and motivation (meets deadlines, attends class).	1	2	3	4	5
	<input type="radio"/>				
29. Demonstrates professional writing skills (forms, reports, case notes).	1	2	3	4	5
	<input type="radio"/>				

XI b. Dispositions

30. Accepts and uses feedback.	1	2	3	4	5
31. Interacts in a collegial fashion with peers; collaborates well.	1	2	3	4	5
32. Demonstrates self-awareness (e.g., impact of self on others).	1	2	3	4	5
	<input type="radio"/>				

<p>33. Demonstrates emotional stability (e.g., congruence between mood and affect) and self-control (e.g., impulse control).</p>	1	2	3	4
			5	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>		
<p>34. Demonstrates the ability to adapt to changing circumstances, unexpected events, and new situations.</p>	1	2	3	4
			5	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>		
<p>35. Demonstrates honesty, integrity, and respect for others.</p>	1	2	3	4
			5	
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/>	<input type="radio"/>		