



Verification of Individual Counseling Experience

Dear Mental Health Professional,

Students in the Clinical Mental Health Counseling (CMHC) program at Northwest University must participate in at least 10 hours of individual counseling prior to the start of internship.

These requirements are based on a philosophy that values self-awareness that such experiences can bring to counselors in training.

Students must provide written verification of their individual counseling experiences to their practicum professor at the end of the term. In accordance with the American Counseling Association Ethical Standards, specifics of the experiences should not be disclosed. We appreciate your assistance in this process. The College of Social and Behavioral Science will not retain this form or copies of this form but will record completion of the requirements in the student's file and return the form to the student.

Student name: _____

Therapist name: _____

Degree: _____ Certification/License: _____

By signing below, you verify that the student listed above has completed at least 10 hours of psychotherapy (individual or couples) from a licensed practitioner (Licensed Psychologist, LMFT, LMHC, LCSW).

Student Signature

Date

Therapist Signature

Date